



COACHING THE COACHES



Soccer Coaching Clinic Agenda		
Saturday, February 12, 2011		
8:15 – 9:00 AM	Registration and Check-in	Anderson Field House, Kingston Military Community Sports Centre, 11 Duty Drive, Kingston, ON
9:00 AM Practical Session 1	Ian Bridge <i>Focusing On The Back 4: Individual Defensive Fundamentals</i>	Anderson Field House
10:00 AM Practical Session 2	Dan Gaspar <i>Pre-Game And Training Day Warm- Ups For Successful Keepers</i>	Anderson Field House
11:00 AM	Break	
11:15 AM Practical Session 3	Stephen Hart <i>Using Small Sided Games To Improve Soccer Aims & Objectives Part 1</i>	Anderson Field House
12:30 PM	Lunch Break <i>Lunch included in registration</i>	RMC Cadet Mess at Yeo Hall, RMC
1:30 PM Theory Session 1	Stephen Hart <i>Building a Team</i>	Currie Hall, RMC
2:30 PM Theory Session 2	Ian Bridge <i>Goal Analysis FIFA World Cup 2010 South Africa. Ramifications For Training</i>	Currie Hall, RMC
3:20 PM	Break	
3:30 PM Theory Session 3	Dan Gaspar <i>World Cup Reflections And The Impact On Coaching Soccer</i>	Currie Hall, RMC
5:00 PM	Dinner Break On your own in Kingston	
7:30 PM Coaching Carousel	Stephen Hart, Dan Gaspar, Tony Fonseca, Ian Bridge, Carmine Isacco <i>Bear Pit Sessions With Coach Of Your Choice</i>	Four Points by Sheraton Hotel 285 King St. E., Kingston
9:00 PM	Coaches' Social	Four Points by Sheraton Hotel 285 King St. E., Kingston

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Soccer Coaching Clinic Agenda		
Sunday, February 13, 2011		
8:00 AM Practical Session 4	Carla Brash <i>Dealing With The Daily Injuries And Training Needs</i>	Anderson Field House
9:00 AM Practical Session 5	Tony Fonseca <i>Developing The Best Players Possible</i>	Anderson Field House
10:00 AM Practical Session 6	Stephen Hart <i>Using Small Sided Games To Improve Soccer Aims & Objectives Part 2</i>	
11:00 AM Practical Session 6	Carmine Isacco <i>Functional Training For Midfielders</i>	Anderson Field House
12:00 PM Practical Session 7	Ian Bridge <i>Defensive Systems With Back 4 As A Focus</i>	Anderson Field House
1:15 PM	Wrap-up, Conclusion and Farewell	

