



COACHING THE COACHES



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Volleyball Coaching Clinic Agenda		
Friday, April 29, 2011		
5:00 -6:00 PM	Registration & Check In	Queen's University Athletics & Recreation Centre 284 Earl Street, Kingston, ON
6:00 PM	Opening Session <i>Introductions & Welcome</i>	Upper Gymnasium
6:15 PM	Pam Hoerup <i>Game-like Drills</i>	Upper Gymnasium
7:15 PM	John May <i>Building Your System Through Skill Foundation: Part 1</i>	Upper Gymnasium
8:15 PM	John May <i>Building Your System Through Skill Foundation: Part 2</i>	Upper Gymnasium
9:15 PM	Coaches' Social	Ambassador Hotel
Saturday, April 30, 2011		
8:30 AM	Registration Desk Open	Queen's University Athletics & Recreation Centre 284 Earl Street, Kingston, ON
9:00 AM	Brenda Willis <i>Coaching the Setter</i>	Main Gymnasium
10:00 AM	Jason Trepanier <i>Best Coaching Practices During Training</i>	Main Gymnasium
11:15 AM	Brenda Willis <i>Coaching the Outside Hitter</i>	Main Gymnasium
12:15 PM	Lunch	Upper Mezzanine
1:00 PM	Jason Trepanier <i>Practical Applications of the Long Term Athlete Development Plan</i>	Alumni Room
2:00 PM	Steve Leknois <i>Proper Warm-up Techniques Using Volleyball Drills</i>	Upper Gymnasium
3:00 PM	Steve Leknois <i>Developing Defense for Success</i>	Upper Gymnasium
4:00 PM	Conclusion & Wrap-up	



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